

Fox Hunt Swim and Tennis Club

www.foxhuntswimclub.com

April 2004

From the President

Winter finally has ended, spring has begun and summer is right around the corner. That means it won't be long before you'll be able to jump into the refreshing water of the Fox Hunt pool. But, for some folks jumping in and climbing out of the pool is not an easy task. With thanks to a long time member for her great idea, I am pleased to announce the installation of steps at the shallow end of the pool is now complete. Now folks can literally walk into and out of the pool.

For those of you who like to use the Fox Hunt's tennis courts, the paint has faded and the cracks have been come home to some weeds. Last year's wet weather did not permit us to repair and repaint the tennis courts. This year we have contracted to have work done - and expect to have the courts in fine shape before too long.

At long last, Fox Hunt has caught up to many other technology-savvy swim clubs - we now have our very own website: www.foxhuntswimclub.com. It's still a work in progress, but it will soon have lots of great information. Please visit the site and tell us what you think.

The costs of operating our pool continue to rise. The board works very hard to keep our costs competitive and lower than our neighboring pools, but it is always a challenge. One way to do that is through volunteer help. Every year our pool management company NV Pools, performs a long list of pre-season maintenance tasks that can cost anywhere from \$2,000 - \$10,000 per year! One way to keep these costs down is do some of the work ourselves. Some of these tasks are cleaning tasks; others involve painting, plumbing, electrical work, or re-strapping deck chairs. For every task done we do with volunteer help (that means members helping), we are able to put money into improvements such as the steps, refinishing the tennis courts, and buying new deck furniture.

We have scheduled two weekends in May for spring clean-up - May 15-16, and May 22-23. Please take a few hours from your busy spring schedule to come over and help spruce up the pool and facilities. We have plenty to do, and no experience is necessary for most jobs. Best of all, you can earn guest passes. We certainly hope you can find the time to help.

Looking forward to seeing you all to at the pool,

Bob Alexander

Social Events

Date	Time	Event	Organized by
Fri. 6/11/04	6:00PM-8:30PM	TGIF/Family B.B.Q.	Social
Thur. 6/17/04	6:00PM-8:30PM	Schools Out Raft Night/Pizza & Sundaes	Social
Wed. 6/23/04	6:30PM-9:00PM	Ladies Bunko/Bring a dish to share	Social
Fri. 6/25/04	6:00PM-9:00PM	T.G.I.F.	Swim Team
Fri. 7/02/04	6:00PM-9:00PM	T.G.I.F.	Swim Team
Wed. 7/07/04	6:00PM-8:30PM	Raft Night/Pizza & Sundaes	Tennis
Fri. 7/09/04	6:00PM-9:00PM	T.G.I.F.	Swim Team
Fri. 7/16/04	6:00PM-9:00PM	T.G.I.F.	Swim Team
Sat. 7/17/04	7:00PM-11:00PM	Crab Feast	Social
Wed. 7/21/04	6:00PM-8:30PM	Carnival Night/Red, Hot & Blue	Social/Tennis
Fri. 7/23/04	6:00PM-9:00PM	T.G.I.F.	Swim Team
Sat. 7/24/04	9:00PM-11:00PM	After Hours Movie Night	Social
Fri. 7/30/04	6:00PM-9:00PM	T.G.I.F.	Tennis
Wed. 8/04/04	6:00PM-8:30PM	Raft Night/Snacks	Social
Fri. 8/06/04	6:00PM-9:00PM	T.G.I.F.	Tennis
Fri. 8/13/04	6:00PM-8:30PM	T.G.I.F. Mexican Fiesta	Social
Wed. 8/18/04	6:00PM-8:30PM	Raft Night/Pizza	Tennis
Fri. 8/27/04	6:00PM-8:30PM	Year End Blast	Social



General Information

Pool Phone Number: 451-5015

Pool Hours

The pool will be opened on Saturday, May 29th and remain open through Monday, September 6th. The operating hours are:

	<u>While School is in Session</u>	After School Closes
Mon - Thurs	3:00 to 8:00 PM	11:00 AM to 9:00 PM
Saturday/Sunday	11:00 AM to 9:00 PM	11:00 AM to 9:00 PM

In addition, we have again scheduled a special time for adult and pre-schooler swims on Tuesdays and Thursdays from 1:00 to 3:00 PM while school is in session. NOTE: This period is open only for adults and pre-school children.

NOTE: In order to close the pool at 9:00 PM, all swimmers must exit the pool at 8:50 PM coincident with the final break.

The pool will be open for the following activities as listed below:

- Swim Team Practice: 8:00 - 10:00 AM weekdays and at other posted times.
- Swim Lessons: 10:00 - 11:00 AM weekdays.

Pool Management

David Cooper will be our pool manager this year. It's his 3rd year working for NV Pools. David will be a senior at George Mason and he swims on their swim team. Patrick Rush will be the assistant manager. Patrick will be a senior at UVA next year. Brigid Maloy will be our head guard.

Guest Fees

As in the past, each family is credited with 5 free passes to use during the season. These passes are not transferable. Members who do not pay their dues by opening day will forfeit all of their guest passes. The attendant in the pool house will ask you to initial that you are using a pass to admit your guest(s). The use of a guest pass is at your discretion. Family members must be at least 13 years old to sign for a guest using one of the family's guest passes. Please note that it is your responsibility to control the use of your passes. The pool management company is not responsible for how these passes are administered. Once your five guest passes are used, the regular guest fees must be paid. Guest fees for house and casual guests are:

Daily Guests	\$3.00/guest/Day, including weekends \$1.50/guest after 6:00 PM
House Guest	\$10.00/guest/week and \$35.00/guest/month
Family House Guests	\$25.00/family/week and \$75.00/family/month

Individual guest fees are the same for adults and children.

Pool Rules

The pool operating rules are available at the pool, or at FoxHuntSwimClub.com.

Swimming Lessons

Group swimming lessons will be offered again this year. Lessons will use the Swim America format. The fees for lessons will be \$35.00 per person for ten 30 minute classes, payable to York Swim School. All lessons will be scheduled and run by the Pool Manager and staff. Please look for announcements about dates and times.

Pool Safety

Things went well last year because we adhered to a strict policy of no dangerous houseplay in the pool area. This strict policy continues. Parental support of this policy will make the pool safer for everyone

Wading Pool

No child 6 years old or older is permitted to use the wading pool. Children in the wading pool are the sole responsibility of parents or sitters. All children in the wading pool must be closely supervised by a parent or sitter physically within the enclosed area. As an additional safety measure, children under 6 who swim in the large pool are not permitted in the wading pool during break time. This time is required by the country to provide a period of time for children to rest. The Pool Manager and lifeguards have the responsibility to enforce these rules. Your cooperation and diligence will help to ensure Pool Safety.

Rules Applying Specifically to Children

To prevent misunderstandings, Section III of the Pool Rules are reprinted below.

1. No children under 8 years of age will be admitted to the pool area unless accompanied by either an adult or by a sitter who is age 13 or older, is a qualified swimmer, and has been designated in writing by a parent.
2. Any child under 8 years of age who has not passed the basic swimming test requirement shown below, shall be supervised by an adult or the designated sitter while in the water.
 1. Swim one length of pool.
 2. Float for one minute or tread water for one minute.
3. Children age 8 through 12 may swim alone, provided:
 1. They are able to pass the basic swimming test described in Rule #2 above, on request.
 2. They have their parent's written signed, permission statement on file with the Pool Manager, stating that they may come to the pool alone. (**Note:** Copies of this statement are available at the pool. Please ask the manager or one of the staff for assistance.)
 3. If the above conditions are not met, a child must be accompanied by either an adult or sitter who is age 13 or older, is a qualified swimmer, and has been designated in writing by the parent as a sitter.
4. Children age 6 and older are not permitted to use the wading pool.
5. Children in diapers are restricted to the wading pool and must wear protective pants. Pampers and disposable diapers do not satisfy this requirement.
6. Children in the wading pool are the sole responsibility of parents or sitters. All children in the wading pool will be closely supervised.
7. Swimming after 7:00 PM will be restricted to persons 13 or older unless accompanied by an adult member.

Fox Hunt Tennis 2004

WELCOME TO A NEW SUMMER OF TENNIS!

Tennis Training Camp

June 22, 24, and 25-Tues., Thurs., Fri.

4:00 pm-6:00pm

Cost-\$60.00

If you want to start getting prepared for the matches

Summer Tennis Lessons

Six weeks (2 days/week). The Fox Hunt Tennis Team will be formed from the Advanced and Intermediate classes, ages 12-16.

Classes Tuesday and Thursday

Start June 22 thru July 29

Beginners (8-10)	5:30-6:00 PM
Advanced Beginners (9-12)	4:30-5:30 PM
Intermediate (11-14)	11:00-12:00 Noon
Advanced (11-up)	10:00-11:00 AM

Cost-\$45.00 + 1 can of balls

Adult Tennis

Interested in a 4 person clinic?

Tuesday and Thursday-9:00-10:00 am

Cost-\$120.00 per session for 6 weeks or \$60 for 1 day a week.

Private lessons

Head coach-Bobby Gullo-\$55.00/hr.

Assistant coach- Mihir Elchuri-\$40.00/hr.

A word from the coach:

As I look ahead to the coming summer, I am excited to be returning to the Fox Hunt community. I am greatly motivated to be coming back, partly to help the students grow in their own tennis game, but also to provide a fun environment where the students are excited and energetic to be part of a community tennis program. Joining me this summer will be Mihir Elchuri, who will be graduating from Lake Braddock in June. He has been part of Spencer Kooshian's tennis program at Burke Racquet for the past three years while playing solid tennis in the top three at Lake Braddock. He hopes to play at the collegiate level in the fall of 2004.

As for this summer, I am going to emphasize the important role the students have in taking charge of their own game. It is important that the students take what they have learned in practice and put it into play, this means practicing apart from regular team practices. I am looking forward to returning this summer. Please email me if you have any questions or concerns at rgullo@gmu.edu. Thanks again and God Bless.

Signed,

Bob Gullo

Sign up will be Thursday, May 20, 2004 at Orange Hunt Elementary
School from 5:30-8:30pm

This is the same time and place as swim team sign-up.
Registration forms will be available at sign-up or can be
downloaded from our new web site:

www.foxhuntswimclub.com

For questions or more information, please contact Sue Rabil at 703-644-9791 or email at
George.Rabil@verizon.net.

FOX HUNT SPLASH 2004

Sign-ups for Swim Team will be Thursday, May 20 from 6:30 - 8:00 p.m. at ORANGE HUNT ELEMENTARY SCHOOL (in the cafeteria). Come meet the coaches and team reps. We will have caps, goggles, t-shirts and sweatshirt available for purchase. A representative from Sport Fair will be there for swimmers to try on and purchase a team suit. (This is the second year of a two year suit.) IF you are new to Fox Hunt or last year's suit doesn't fit, you can order and pay for your suit (separate check to Sport Fair) and sport Fair will take the suit and have it embossed with the team name.

Afternoon practices will begin on Tuesday, June 1 and morning practices will begin on Monday, June 21. Details regarding practice times will be available at sign-ups. Fox Hunt will be Division 14 this year. Our schedule is as follows:

Time Trials @ Fox Hunt	Sat, June 19
Fox Hunt @ Parliment	Sat, June 26
Fox Hunt @ Village West	Mon, June 28
Truro @ Fox Hunt	Sat, July 3
Rolling Forest @ Fox Hunt	Mon, July 5
Burke Station @ Fox Hunt	Mon, July 10
Fox Hunt @ Royal Pool	Mon, July 12
Division Relay Carnival @ Fox Hunt	Wed, July 14
Picture Day	Fri, July 16
Fox Hunt @ Camelot	Fri, July 17
Cottontail @ Fox Hunt	Mon, July 19
Fox Hunt @ Great Falls	Sat, July 24
Divisionals @ Truro	Sat, July 31

We are looking forward to a successful year. As always, we are looking for many volunteers to help us all have a great summer. We are still looking for a volunteer to run the concessions this summer. Please let us know if you have any questions.

Germaine Goldsby	Leslie McAndrew	Nick Pizzo
Tem Rep	Assistant Team Rep	Head Coach
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